

Group Relations Conference:

Authority and Leadership in Recovery from Addiction



January 13-15, 2012

Loyola University
1020 West Sheridan Road, Mundelein Center
Chicago, Illinois

Conference Director: Jeffrey D. Roth, MD, FASAM, FAGPA

Associate Director: Leigh Estabrook, PhD

Assistant Director for Administration: Barney Straus, LCSW, CGP, PCGC

An experiential conference in the Tavistock tradition offering a unique opportunity to study group and organizational processes.

SPONSORED BY:

- ♦ Chicago Center for the Study of Groups and Organizations and the Center for the Study of Groups and Social Systems of the A.K. Rice Institute (CCSGO-AKRI)
- along with:*
- ♦ Loyola University, School of Social Work
- ♦ University of Chicago Department Of Psychiatry
- ♦ Roosevelt University Department of Psychology
- ♦ The Chicago School of Professional Psychology
- ♦ College of DuPage Addictions Program
- ♦ The American Society of Addiction Medicine
- ♦ Great Lakes Addiction Technology Transfer Center
- ♦ Illinois Psychiatric Society
- ♦ Illinois Group Psychotherapy Society
- ♦ Social Workers Helping Social Workers
- ♦ Illinois Association for the Advancement of Social Work with Groups, Inc.
- ♦ Illinois Alcohol and Other Drug Abuse Professional Certification Association
- ♦ Illinois Association of Addictions Professionals
- ♦ The Association of Recovery Schools
- ♦ Chicago Lakeshore Hospital
- ♦ Elements Behavioral Health
- ♦ Timberline Knolls
- ♦ Two Dreams Outer Banks
- ♦ Working Sobriety Chicago

STRUCTURE & METHOD

This Conference is designed for individuals who wish to study the exercise of authority in groups and understand more about their own reactions to exercising and encountering authority.

The Conference is organized as a sequence of group and inter-group interactions. Events include experiences in:

- ♦ **Small Group**—examines the life of an eight- to twelve- member group as it unfolds. A consultant assists the group with the task.
- ♦ **Large Group**—consists of all Conference members with a team of consultants and meets to study its own behavior in the here-and-now. This simulates processes and dynamics of larger social systems as they struggle with the problems of formation, transition and rapid change.
- ♦ **Institutional Event**—members form their own groups to interact with other member groups and with staff. In working on this task, members encounter problems organizing groups, assigning and taking up roles and delegating power and authority.
- ♦ **Review/Application Group**—consists of five to ten members with one or more consultants; provides opportunities for members to further reflect on their experiences and roles in the different Conference events and relate them to their work roles in community and institutional settings.
- ♦ **Twelve Step Meetings**—Members and staff attend either an AA or an Al-Anon Meeting. Provides an opportunity to compare and contrast the dynamics of a Twelve Step group with a small or large study group.

Please note: The Conference is designed to provide an integrated experience. Learning occurs not only during individual Conference events but also from their sequence and relationship to one another; therefore, membership entails a commitment to attend all events.

In applying the learning from group relations conferences, having two or more people from the same organization attend the Conference together is often useful. The fee structure is designed to encourage this.

RATIONALE & AIMS: LEARNING FROM EXPERIENCE

Effective leadership and the meaningful exercise of authority require more than intellectual and technical understanding. The Group Relations model in the Tavistock tradition provides a well-defined context within which to examine group-level forces and dynamics as they occur in the here-and-now. As people work in groups, families and other social systems, their participation takes on many different meanings—influencing thoughts, feelings and action. The confluence of individual meanings powerfully affects the identities, roles and authority we take on in groups, schools, organizations, institutions, communities and society.

Members of a group relations conference have the opportunity to directly experience:

- ♦ How people join and engage in group work, delegate and resist authority, and develop roles and reputations.
- ♦ How people contribute to and obstruct getting the group's work accomplished.
- ♦ How members of a group exercise authority, power and influence in meaningful and appropriate ways—both as leaders and as followers.
- ♦ Group collusion in the creation and enabling of maladaptive roles.
- ♦ Group support for recovery from these maladaptive roles.

SCHEDULE OF EVENTS

Friday, January 13th	Saturday, January 14th	Sunday, January 15th
Registration 7:30-8:20 am	Plenary & Institutional Event 1 9:00-10:00 am	Small Group 3 9:00-10:15 am
Plenary Opening 8:30-8:55 am	Institutional Event 2 10:15-11:15 am	(break)
Small Group 1 9:00-10:15 am	Institutional Event 3 11:30-12:30 pm	Large Group 3 10:45-noon
(break)	Lunch (provided) at Twelve-Step Meeting 2 1:00-2:00 pm	Lunch (provided) at Twelve-Step Meeting 3 12:15-1:15 pm
Large Group 1 10:45 am-Noon	Institutional Event 4 2:15-3:15 pm	Plenary Conference Review 1:30-2:30 pm
Lunch (provided)	Institutional Event 5 3:30-4:30 pm	(break)
Small Group 2 1:15-2:30 pm	Institutional Event Plenary Review 4:45-5:45 pm	Review/Application Group 3 3:00-4:00 pm
(break)	(break)	(break)
Large Group 2 3:00-4:15 pm	Review/Application Group 2 6:00-7:00 pm	Member and Staff Social Hour/Book Table 4:30-5:20 pm
(break)		
Twelve-Step Meeting 1 4:45-5:45 pm		
(break)		
Review/Application Group 1 6:00-7:00 pm		

REGISTRATION

Membership and Fees: Enrollment will be limited to 75 members; early registration is advised. The Conference is offered at reduced fees for faculty, students and employees of the host and sponsoring institutions, for students in general and for those able to register early.

CEU's and CDPU's: 20 CEU's for social workers and 7 CPDU's for teachers will be awarded by Loyola University Chicago. 18 CEU's will be awarded by IAODAPCA. Others may receive certificates of attendance. Please sign up for CEU's and CPDU's at the registration desk.

Partial Scholarships: Partial scholarships are available based on financial need and on a first come, first serve basis. Applicants for scholarship should complete the Conference Registration Form, and return it with payment of the \$30.00 (non-refundable) Conference registration fee and a letter explaining the scholarship request. Scholarship requests received after December 1, 2011 cannot be considered.

Withdrawals and Cancellations: Withdrawals after December 1, 2011 will not be refunded unless the position can be filled by someone on a waiting list. The registration fee of \$30.00 will be withheld to cover administrative costs in the event of cancellation.

CME Accreditation and Credit Designation

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the University of Chicago Pritzker School of Medicine and Chicago Center for the Study of Groups and Organizations. The University of Chicago Pritzker School of Medicine is accredited by the ACCME

Physically Challenged Members:

The Staff at the Conference is committed to meeting the needs of physically challenged members to every extent possible. Please advise the Assistant Director for Administration of special needs.

Reference Letter: Experiential learning can sometimes be stressful. Therefore, individuals who are ill or experiencing a period of significant personal difficulty should forego attendance at this time. In addition to the completed Conference Registration Form, available at the conference web site, each applicant must provide a letter of reference from someone who can vouch for his or her capacity to participate in an intensive learning experience. The applicant is responsible for seeing that this letter is submitted before January 1, 2012. Letters should be sent via e-mail to the conference e-mail address.

Lodging: Out of town members may wish to stay at The Flats at Loyola Station, which offers short-term furnished apartment rentals, and is just a few blocks from the conference site. Reservations may be made at loyolafats.com. The conference is also accessible by the Red Line El, and most hotels in Evanston or downtown Chicago will be near a Red Line stop.

to provide continuing medical education for physicians.

The University of Chicago Pritzker School of Medicine designates this live activity for a maximum of 23.25 *AMA PRA Category 1 Credit(s)*TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

PAYMENT OPTIONS

Payment of Fees: Registration should be submitted online at www.grouprelationsconference.com. Payment may be made by credit card using Paypal. Checks may be sent to us at Group Relations Conference, 25 East Washington Street, Suite 1811, Chicago, IL 60602. For alternative payment options, please contact us at grcrecoveryfromaddiction@gmail.com.

EARLY REGISTRATION

FEE = \$300 (Postmark before November 1, 2011)

REGULAR REGISTRATION

FEE = \$350

- ♦ Faculty and employees of sponsoring institutions may register before November 1, 2011 for \$275 and for \$325 after that. Students from the host institution and other sponsoring institutions may register for \$200.
- ♦ Students from non-sponsoring institutions may register for \$225.
- ♦ When three or more members from the same organization register, each will receive a \$25 reduction, if they are not already benefiting from other discounts.

Direct any questions to grcrecoveryfromaddiction@gmail.com.

Register and pay online at www.grouprelationsconference.com

CONFERENCE STAFF

Director:

Jeffrey D. Roth, MD, FAGPA, FASAM; Medical Director, Working Sobriety; Lecturer, Psychiatry, University of Chicago Medical Center; Adjunct Faculty, Chicago School of Professional Psychology; Editor, Journal of Groups in Addiction and Recovery; Private Practice; Member and Past President, CCSGO; Associate, AKRI.

Associate Director:

Leigh Estabrook, PhD.; Past President, A.K. Rice Institute; Professor and Dean Emerita, University of Illinois at Urbana-Champaign; member, AKRI and Midwest Center, AKRI

Consulting Staff:

Terry K. Davis, M.Ed.; Executive Director, Winton Place Youth Center; Consultant, Peridox Center & Institute; Member, Greater Cincinnati Friends of Jung; Member, GREX.

Robin A. Engels, MA, LCSW; Social Worker/Readjustment Counseling Therapist, Middletown Vet Center, Department of Veterans Affairs, Middletown, NY; Adjunct lecturer/field liaison, State University of New York at Albany, School of Social Welfare; Private Practice; Associate, AKRI.

Leigh Estabrook, PhD.

Vivian Gold, PhD.; Associate Clinical Professor, U.C.L.A. Department of Psychiatry and Biobehavioral Science; Attending Medical Staff, V.A. Greater Los Angeles Healthcare System; Private Practice, Clinical and Consulting Psychology; Fellow, AKRI; Member and Past President, GREX, Associate, AKRI.

Seth Harkins, EdD; Assistant Professor, National College of Education, National-Louis University, Wheeling, IL; Consultant, Harkins Educational Consulting and Advocacy; Board Member, Illinois Community and Residential Services Authority; Board Member, CCSGO; Associate, AKRI

Danielle Kennedy, LICSW, PhD; Principal, WorkLab, Organizational Consulting and Applied Research; Psychotherapist, private practice, Cambridge, MA. Core faculty, Executive Coaching Program, Massachusetts School of Professional Psychology; Past-President CSGSS, Boston, Associate, AKRI.

Kevin Murphy, LCSW, CSADC, CGP; Program Coordinator, Warren Wright Adolescent Program, Stone Institute of Psychiatry, Northwestern Memorial Hospital; Private Practice; Member, AGPA and AAMFT; Member, CCSGO; Associate, AKRI.

Kellie Rice, MA, LCPC; Candidate, PsyD, ISPP/Argosy University; Private Practice; Therapist, Working Sobriety; Member, CCSGO; Member, Midwest Center; Associate, AKRI.

John B. Robertson, Jr., MD; Medical Director, outpatient addiction program; Board Certified, Addictions Psychiatry; Private practice; Member, Midwest Center, Associate, AKRI

Jeffrey D. Roth, MD, FAGPA, FASAM

Jim Tift, CADC; Associate Director, Working Sobriety; Private Practice, Chicago; Member, CCSGO; Associate, AKRI.

Consultant in Training:

Shelley J. Korshak, MD, CGP; Psychiatrist, Private Practice; Adjunct Faculty, University of Chicago; Diplomate, American Board of Addiction Medicine; Board Member, CCSGO, Associate Member, AKRI.

Assistant Director of Administration:

Barney Straus, LCSW, CGP, PCGC; Private Practice, Working Sobriety Chicago; Adjunct Faculty Member, Loyola University Chicago, School of Social Work, and Roosevelt University, Chicago; Member, CCSGO; Associate, AKRI.

Administrative Staff:

Michael Mark; Life Coach; Student, National Louis University; Private Practice; Member, CCSGO.

Katherine Zwick, MA; Mental Illness/Substance Abuse Psychotherapist at Haymarket Center, Chicago, IL; Psychological and Neuropsychological Evaluation, Chicago, IL; Member and Secretary of the Board, CCSGO.

AUTHORITY FOR THE CONFERENCE

This conference is sponsored by the Chicago Center for the Study of Groups and Organizations, and the Center for the Study of Groups and Social Systems, affiliates of the A.K. Rice Institute for the Study of Social Systems and by Loyola University Chicago, School of Social Work, University of Chicago Department Of Psychiatry, Roosevelt University Department of Psychology, The Chicago School of Professional Psychology, College of DuPage Addictions Program, The American Society of Addiction Medicine, Great Lakes Addiction Technology Transfer Center, Illinois Psychiatric Society, Illinois Group Psychotherapy Society, Social Workers Helping Social Workers, Illinois Association for the Advancement of Social Work with Groups, Inc., Illinois Alcohol and Other Drug Abuse Professional Certification Association, Illinois Association of Addictions Professionals, The Association of Recovery Schools, Chicago Lakeshore Hospital, Elements Behavioral Health, Timberline Knolls, Two Dreams Outer Banks, and Working Sobriety Chicago.

The principles and methods of this Conference originated at the Center for Applied Social Research, Tavistock Institute of Human Relations, London, England under the leadership of the late A.K. Rice. The Washington School of Psychiatry and the Department of Psychiatry of Yale University Medical School introduced conferences using these principles and methods to the United States in 1965. The A.K. Rice Institute for the Study of Social Systems, a not-for-profit organization, was established in 1970 to advance knowledge of the dynamics of groups, organizations and social systems. The Chicago Center was founded in 1989 and affiliated with AKRI in 1990.

CONFERENCE STAFF ROLES

- ♦ Act collectively as management
- ♦ Take responsibility and authority to provide the boundary conditions to engage in the primary task of the Conference
- ♦ Take up specific directorial, administrative and consultant roles
- ♦ Offer interpretations and working hypotheses about what is happening
- ♦ Contribute in whatever ways they believe will advance the work

The way staff exercise their authority and roles is explicitly available for study by Conference participants.

The Group Relations Conference is an educational event whose primary task is to provide opportunities to study the exercise of authority through interpersonal, intergroup, and institutional relations that develop within the Conference itself as a temporary educational social system.