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A Handbook for Professionals

Rose Redding Mersky, Organizational development consultant, supervisor and coach in private practice, Germany

The Social Dream-Drawing Workshop is a pioneering, practical guide for professionals who work with people going through major life transitions, such as career change, relocation, or bereavement. These transitions can evoke enormous feelings of uncertainty and are times of vivid dreaming. Including drawings and testimonials from workshop participants and guidance on creating a safe and supportive environment, *The Social Dream-Drawing Workshop* will appeal to therapists and counsellors as well as social workers, coaches and anyone interested in exploring this fascinating practice.

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